

To Those Enrolled on the National Health Insurance

☆What is “National Health Insurance”?

The enrollee pays Health Insurance Tax and receives help paying any medical bills incurred by illness or injury.

The enrollee will receive a “National Health Insurance Card” approximately 10 days after making an application to the join the National Health Insurance. You will then be responsible for 30%* of medical costs upon presenting this card to a medical institution.

*Children who are not yet in compulsory education are responsible for 20%. Percentages vary for individuals aged over 70 years, and for individuals with a low income. Please inquire at the National Health Insurance Division for further details.

Do not lose your National Health Insurance Card!

☆Make sure to pay National Health Insurance Tax!

National Health Insurance Tax will be levied upon the head of the household from the month of enrollment.

National Health Insurance Tax is divided into 10 installments to be paid over the course of a year.
One installment is not equal to one month's payment.

(Example: If you enrolled in April)

Month	4	5	6	7	8	9	10	11	12	1	2	3
Installment	1	2	3	4	5	6	7	8	9	10		
Payment Deadline	End of June	End of July	End of August	End of Sept.	End of Oct.	End of Nov.	Dec. 25 th	End of Jan.	End of Feb.	End of March		

You can pay your National Health Insurance Tax at the bank, post office, and at convenience stores (before the deadline).

☆Be sure to submit your National Health Insurance Tax declaration form!

Declaration forms will be posted from January to February to individuals whose income requires confirmation for the calculation of National Health Insurance Tax.

If you receive this form you must complete it and submit it to the National Health Insurance Division.

☆There will be procedures to be completed in the event of the following:

Lost NHI card: Apply for your NHI card to be re-issued. Bring your residence card or passport.

*Procedures differ upon leaving Japan!

Calculations must be made when you move abroad and leave Japan. Please complete procedures at the National Health Insurance Division at Nagasaki City Hall.